



UP is Louisville's first women's only day shelter for women and children. UP provides showers, laundry, a phone, mailing address, and crucial resource navigation; helping women navigate our complicated system to access housing, employment, financial benefits, IDs, birth certificates, health insurance, basic healthcare, and more. During the last several shifts, an average of 50 women have been coming into the safe, warm, welcoming space provided by UP. We are currently in need of hygiene kits for our guests.

SUGGESTED LIST OF HYGIENE KIT ITEMS:

Shampoo
Conditioner
Soap
Lotion
Deodorant
Toothbrush
Toothpaste
Chapstick
Wipes
Hand Sanitizer

We cannot do this work alone. We provide resources and referrals through case management, a partnership of providers, and the support of generous people like you. Please know that your gift will support and empower the homeless women in our community to find hope, help, and refuge. For additional information or ways to support UP please visit our website at www.uplouisville.org.

Thank you!